

# Plush Café Allergen Table

## Lockdown Food Menu

Every care is taken to identify allergens in our food, drinks and ingredients. However, our food and drinks are prepared in areas where nuts, gluten and other known allergens may be present. As such, we cannot guarantee that our dishes and drinks are 100% allergen free due to risk of cross contamination.

Last Updated: 23/04/2021

H&S FORM 003a v001 Issue Date: April 2021

Legend:

**X** Contains allergen

**MC** May contain allergen

**V** Vegetarian

**VG** Vegan

Menu Item	Allergen													Dietary		
	Crustaceans	Egg	Fish	Peanuts	Milk	Nuts	Soya	Sesame	Celery	Mustard	Sulphites	Molluscs	Lupin	Gluten	Vegetarian	Vegan
<b>NACHOS</b>																
Pollock Sharing Nacho Platter					X	MC	X	MC	MC	X	MC			MC	V	
Vegan Pollock Sharing Nacho Platter						MC	X	MC	MC	X	MC			MC	V	VG
<b>PANCAKES, WAFFLES &amp; SWEET QUESADILLAS</b>																
Dr Nutbutter's Stack of Treats		X		X	X	X	X	MC	MC	MC				X	V	
Black Sabbath		X			X		X	MC	MC	MC	X			X	V	
As Sweet As Can Bee		X			X		X	MC	MC	MC	X			X	V	
Pretty in Pink		X		MC	X	MC	X	MC	MC	MC	X			X	V	
Biscoff Your Face		X			X		X	MC	MC	MC				X	V	
What's Poppin'?		X			X		X	MC	MC	MC				X	V	
You Make My Dreams Crumb True		X			X	MC	X	MC	MC	MC				X	V	
Eggcellent Waffles/Pancakes/Sweet Quesadilla		X		MC	X	X	X	MC	MC	MC	X			X		
<b>ICE CREAM SUNDAES</b>																
Cake My Day		X			X	MC	X							X		
Cake My Day - Make it Vegetarian		X			X	MC	X							X	V	
The Caffeinator		MC			X		MC									
Over the Rainbow		MC			X		MC				X			X		
Over the Rainbow - Make it Vegetarian		MC			X		MC				X				V	
Choccy Horror Picture Show		X			X	MC	X							X	V	
Sugar & Salt Bae		MC			X	X									V	
Sugar & Salt Bae - Make it Vegan		MC		MC	MC	X					X				V	VG
Lotus Celebrate					X		X							X	V	
Lotus Celebrate - Make it Vegan		MC			MC	MC	X							X	V	VG
A Perfect Matcha				MC	X	MC	X	MC			X				V	
A Perfect Matcha - Make it Vegan				MC		MC	X	MC			X				V	VG
Cake it Easy		MC			X	MC	X				X			X		
Cake it Easy - Make it Vegan		MC				MC	X				X			X	V	VG
Sucker For You					X											

# Plush Café Allergen Table

## Lockdown Food Menu

Every care is taken to identify allergens in our food, drinks and ingredients. However, our food and drinks are prepared in areas where nuts, gluten and other known allergens may be present. As such, we cannot guarantee that our dishes and drinks are 100% allergen free due to risk of cross contamination.

Last Updated: 23/04/2021

H&S FORM 003a v001 Issue Date: April 2021

Legend:

**X** Contains allergen

**MC** May contain allergen

**V** Vegetarian

**VG** Vegan

Menu Item	Allergen													Dietary		
	Crustaceans	Egg	Fish	Peanuts	Milk	Nuts	Soya	Sesame	Celery	Mustard	Sulphites	Molluscs	Lupin	Gluten	Vegetarian	Vegan
Sucker For You - Make it Vegan		MC			MC	MC - hazelnut, pistachio									V	VG
<b>FREAKSHAKES</b>																
Cereal Killer		MC			X	X	X							X		
Cake On Me		X			X	MC	X							X	V	
Donut Pop Me Now		MC			X		X							X		
Candy Mountain					X		X							X		
Candy Mountain - Make it Vegetarian					X		X							X	V	
Candy Mountain - Make it Vegan															V	VG
Only Yolking		X			X		X								V	
<b>COOKIE DOUGH</b>																
Chocolate Orange		X			X	MC	X	MC	MC	MC				X	V	
Mint Chocolate		X			X	MC	X	MC	MC	MC				X	V	
Cookies and Cream		X			X	MC	X	MC	MC	MC				X	V	
Strawberries and Cream		X			X	MC	X	MC	MC	MC				X	V	
Red Velvet		X			X	MC	X	MC	MC	MC				X	V	
Blue Velvet		X			X		X	MC	MC	MC				X	V	
<b>OTHER DESSERTS</b>																
Batch Made in Heaven		X			X		X							X	V	
Cream Tea for Two					X									X	V	
Cream Tea for Two - Make it Vegan														X	V	VG
<b>CAKES</b>																
Sticky Chocolate & Orange Cake		X		MC	X	MC	X							X	V	
Vegan Chocolate Devil Cake		MC		MC	MC	MC								X	V	VG
Passion Cake		X		X	X	X (walnuts)								X	V	
Vegan Gluten-Free New York Style Cheesecake				MC	MC	MC	X								V	VG
Vegan Gluten-Free Chocolate Cherry Cheesecake				MC	not suitable for lactose intolerances	MC	X								V	VG

# Plush Café Allergen Table

## Lockdown Food Menu

Every care is taken to identify allergens in our food, drinks and ingredients. However, our food and drinks are prepared in areas where nuts, gluten and other known allergens may be present. As such, we cannot guarantee that our dishes and drinks are 100% allergen free due to risk of cross contamination.

Last Updated: 23/04/2021

H&S FORM 003a v001 Issue Date: April 2021

Legend:

**X** Contains allergen

**MC** May contain allergen

**V** Vegetarian

**VG** Vegan

Menu Item	Allergen														Dietary	
	Crustaceans	Egg	Fish	Peanuts	Milk	Nuts	Soya	Sesame	Celery	Mustard	Sulphites	Molluscs	Lupin	Gluten	Vegetarian	Vegan
Vegan Gluten-Free Chocolate Brownie						X	X								V	VG
Vegan Gluten-Free Super Flapjack		MC		MC	MC	X (pecans)	X								V	VG
Lemon & Elderflower Cake		X		MC	X	MC								X	V	
Raspberry & Coconut Slice		X		MC	X	MC					X			X	V	
Gluten-Free Pecan & Walnut Slice				MC		X (pecan, walnut)									V	
Cinnamon Swirl Cake		X			X									X	V	
Blueberry and Vanilla Cake		X			X	MC	MC							X		
Unicorn Fantasy Cake		X			X		X							X	V	
Red Velvet Cake		X		MC	X	MC (pistachio, pecan, almond, hazelnut, walnut)	MC							X	V	
Gluten-Free Brownie		X			X		X								V	
Crazy Vegan Carrot & Avocado Cake		MC			MC	X								X	V	VG
Zucchini and Lime Cake		X		MC	X	X- Pistachios	MC							X	V	
Homemade Baklava				MC	X	X		X						X	V	
Pineapple Cake		X		MC	X	MC					X			X	V	
Pink Lemonade Cake					X									X	V	
Gluten-Free Courgette & Avocado Cake		X		MC		X									V	
Vegan Harvest Cake				MC		X (pistachio)	X				X			X	V	VG
White Chocolate & Cranberry Tiffin					X	X	X				X			X	V	
English Wildflower & Honey Cake		X		MC	X	MC								X	V	
Rainbow Cake		X			X	MC	X							X	V	
Coconut & Lime Cake		X			X									X	V	
Chocolate Toffee Log Cake		X			X		X							X	V	
Eton Mess Cake		X			X	X	X							X	V	
Millionaires Cake		X			X		X							X	V	

# Plush Café Allergen Table

## Lockdown Food Menu

Every care is taken to identify allergens in our food, drinks and ingredients. However, our food and drinks are prepared in areas where nuts, gluten and other known allergens may be present. As such, we cannot guarantee that our dishes and drinks are 100% allergen free due to risk of cross contamination.

Last Updated: 23/04/2021

H&S FORM 003a v001 Issue Date: April 2021

Legend:

**X** Contains allergen

**MC** May contain allergen

**V** Vegetarian

**VG** Vegan

Menu Item	Allergen													Dietary		
	Crustaceans	Egg	Fish	Peanuts	Milk	Nuts	Soya	Sesame	Celery	Mustard	Sulphites	Molluscs	Lupin	Gluten	Vegetarian	Vegan
Raspberry & Lemon Cake		X			X	X								X	V	
Angel Sparkle Cake		X			X	MC								X	V	
Amaretti & Pistachio Tiffin		X			X	X	X				X			X	V	
<b>ICE CREAM &amp; SUNDRIES</b>																
Black Coconut		X			X										V	
Chocolate Fudge Brownie		X			X		X							X	V	
White Chocolate & Honeycomb					X		X								V	
Gooseberry & Elderflower					X		X								V	
Birthday Cake		X			X										V	
Blue Bubblegum					X										V	
Vietnamese Coffee					X										V	
Vanilla					X										V	
Strawberry					X										V	
Vegan Salted Caramel						MC									V	VG
Vegan Matcha Green Tea								X							V	VG
Vegan Vanilla						MC									V	VG
Vegan Oreo						MC								X	V	VG
Rainbow Cone								X						X		
Black Cone					X		X							X	V	
Black Wafer					X		X							X	V	
Chocolate Sprinkles						MC		MC							V	
Coloured Sprinkles						MC		MC								
Milk Chocolate Sauce															V	VG
Caramel Sauce															V	VG
Raspberry Sauce															V	

# Plush Café Allergen Table

## Lockdown Food Menu

Every care is taken to identify allergens in our food, drinks and ingredients. However, our food and drinks are prepared in areas where nuts, gluten and other known allergens may be present. As such, we cannot guarantee that our dishes and drinks are 100% allergen free due to risk of cross contamination.

Last Updated: 23/04/2021

H&S FORM 003a v001 Issue Date: April 2021

Legend:

**X** Contains allergen

**MC** May contain allergen

**V** Vegetarian

**VG** Vegan

Menu Item	Allergen													Dietary		
	Crustaceans	Egg	Fish	Peanuts	Milk	Nuts	Soya	Sesame	Celery	Mustard	Sulphites	Molluscs	Lupin	Gluten	Vegetarian	Vegan
Bubblegum Sauce															V	VG
Salted Caramel Bits		MC			X		MC								V	
Toffee Popcorn					X		X								V	
Mini Smarties		MC			X	MC	MC								V	
Candy Floss															V	VG
Chocolate Wafer		X			X		X							X	V	
Mini Marshmallows																
Vegan Marshmallows															V	VG
<b>FUN EDIBLE TREATS</b>																
Rhubard & Ginger Gin Fudge					X	MC	X								V	
Gingerbread Latte Fudge					X	MC	X							X	V	
Choc-o-lait Hot Chocolate Stick					X		X								V	
Box of G&T Jellies					MC		MC									
Giant Jelly Baby																
Giant Gummy Worm																
Peppermint Candy Cane															V	